

Health & Exercise Science

- Anatomy
- Communication Science and Disorders
- Disability Studies
- Human Development and Family Studies
- Health Administration
- Health Science
- Holistic Health
- Kinesiology/Exercise Science
- Medical Technology
- Nursing
- Nutrition and Dietetics
- Occupational Therapy
- Pharmacy
- Physical Therapy/
Physiotherapy
- Public Health
- Rehabilitation Services
- Sport and Leisure Studies

Looking to learn more about the cultural contexts of health and health care?

Courses that expose you to a different health care system can lead to a greater understanding of how people's cultural and social backgrounds impact their perspectives on health and well-being.

Whether you are looking for summer programs specifically designed around health and exercise science coursework and experiences, or you are seeking courses through our host university partners that introduce health issues from a different cultural perspective, TEAN has a suite of programs designed to meet your academic goals.

Are you looking for specific courses? Reach out to us and we can help you find the program that meets your academic goals and course needs.

Get hands-on experience abroad

An international internship through TEAN can help you stand out in the increasingly competitive job market. Available for a variety of majors, we offer full-time internships (in-person or online!) or add a part-time internship alongside your courses.

Discover internship opportunities available by visiting teanabroad.org/internships.

COURSES IN ENGLISH UNLESS OTHERWISE NOTED

The following list and chart represents only a sampling of available TEAN programs. To get more information on the programs shown, as well as information on all other program options, go to teanabroad.org/program-finder.

Health & Exercise Science

Featured Programs

AUSTRALIA

Traveling Program

[Contemporary Issues in Public Health Summer Program](#)

- This course is designed for students from a variety of disciplines, including science and health, and is relevant for broader health and cultural studies programs
- Examine different aspects of public health, policy, and programs, particularly when it comes to multicultural communities and indigenous populations
- Includes a series of guest lectures and immersive field trips for hands-on learning
- Students will receive a total of four U.S. credits

- Summer three-week program
- Study as a traveling cohort of students

Traveling Program

[Sports and Exercise Psychology Summer Program](#)

- Learn from a variety of professors and industry leaders, and get an inside look into popular Australian sports—such as rugby, Australian Rules Football, netball, surfing, and lawn bowling—through facility visits, professional matches, and more
- Field trips to relevant locations are built into the program for hands-on learning
- Students can do strength and conditioning training with an included gym membership OR participate in surfing, golf and volleyball in conjunction with their program for an additional fee
- Students will receive a total of four U.S. credits

- Summer three-week program
- Study as a traveling cohort of students

Brisbane

[University of Queensland \(UQ\)](#)

- UQ is ranked in the top 50 universities in the world, and top 30 in several subject areas, including sports-related subjects and nursing
- As a leading research university, UQ's innovations change lives around the world
- Breakthroughs from UQ professors include Dr. Ian Frazer's research and development of the Gardasil® cervical cancer vaccine

- Semester program
- Courses with local degree-seeking students
- **Sample Courses:** Community & Public Health Nutrition • Exercise Psychology in Sport • Occupational Performance across the Lifespan

Newcastle

University of Newcastle

- Ranked in the top 150 in the world for Nursing and Medicine according to the 2021 QS World University Rankings by Subject
- Smaller city located just two hours from Sydney, with a lower cost of living than other major urban areas and great access to the outdoors

- Semester program
- Courses with local degree-seeking students
- **Sample Courses:** Occupational Therapy and Everyday Living • Nutrition for Health • Fitness and Sport • Neural and Visceral Anatomy

Perth

University of Western Australia

- Group of 8 university, notating one of the top institutions in Australia with a major focus on research
- Located in Perth, a lesser-known major city in Australia that boasts idyllic weather (including more hours of sunshine than any other Australian capital city) and a great location for easy travel to Asia
- Optional add-on internship for credit (140 contact hours)
- Most students will be required to submit a portfolio of work related to their field
 - Students with an exercise science and sports medicine focus will complete an internship with a local Australian rules football team
 - For all other health studies related majors, internships focus on supporting organizations delivering various public health programs

- Semester program
- Courses with local degree-seeking students
- **Sample Courses:** Lifespan Motor Development • Exercise Rehabilitation • Plagues, Pox, and Pandemics: the History of Death and Disease

Sydney

University of Sydney

- A top three university in Australia and ranked in the top 50 universities in the world (QS, 2021)
- Located in the largest and oldest city in Australia with direct beach access
- Gain hands-on experience with an optional internship throughout the semester

- Semester or summer program
- Courses with local degree-seeking students
- **Sample Courses:** Cranial and Cervical Anatomy • Movement Analysis • Fundamentals of Rehabilitation

Wollongong

University of Wollongong

- Ranked in the top 250 universities in the world—that's the top 2% of all universities—according to the QS World University Rankings, and 16th in the world of universities under 50 years old
- Wollongong is an outdoorsy city that's just 1.5 hours from Sydney and known for its laid-back lifestyle

- Semester program
- Courses with local degree-seeking students
- **Sample Courses:** Primary Health Care Nursing • Exercise Physiology • Nutritional Epidemiology

NEW ZEALAND

Auckland

University of Auckland

- #1 institution in New Zealand and in the top 100 for life sciences and medicine world-wide
- Traditional campus in the largest city in New Zealand, the University of Auckland is a great option for those who want both a familiar campus setting and a bustling urban environment
- Hands-on clinical exercise physiology program available for students looking for practical learning opportunities

- Semester program
- Courses with local degree-seeking students
- **Sample Courses:** Principles of Tissue Adaptation • Pharmaceutical Science and Practice • Disability Frameworks

Palmerston North

Massey University, Palmerston North

- The Massey Global Student Athlete programs allows student athletes to incorporate training into their semester abroad to stay on track for when they return home
- Located in Palmerston North, known as the "Student City" because half of the population is below the age of 25
- The park-like campus is located just over one mile from the city center and is easily accessible by bike or city bus services, which are free to Massey students

- Semester program
- Courses with local degree-seeking students
- **Sample Courses:** Exercise Prescription • Health Communication • Human Development

THAILAND

Traveling Program

Holistic Health and Wellness in Asia

- Students will learn from leading holistic health experts, including a health ecology researcher and an integrative medicine therapy specialist
- Study Asian mindfulness and holistic health practices—such as tai chi, yoga, forest therapy, reiki, and meditation—and their role in helping prevent or reduce contemporary ailments
- A two-week retreat is included in the program, where students participate in experiential learning activities
- Students receive a total of four U.S. credits

- Offered for 3 weeks during summer or winter
- Study as a traveling cohort of students

Find Your Program

Term	Country	City	Program	Anatomy	Communication Science and Disorders
Semester	Australia	Brisbane	Griffith University	X	
Semester	Australia	Brisbane	Queensland University of Technology	X	
Semester	Australia	Brisbane	University of Queensland	X	X
Semester	Australia	Gold Coast	Bond University		
Semester	Australia	Gold Coast	Griffith University	X	
Semester	Australia	Melbourne	Deakin University	X	
Semester	Australia	Melbourne	La Trobe University	X	X
Semester	Australia	Melbourne	Monash University		
Semester	Australia	Melbourne	RMIT University	X	
Semester	Australia	Melbourne	University of Melbourne	X	
Semester	Australia	Newcastle	The University of Newcastle	X	X
Semester	Australia	Perth	Murdoch University	X	
Semester	Australia	Perth	University of Western Australia	X	
Semester	Australia	Sydney	International College of Management, Sydney		
Semester	Australia	Sydney	Macquarie University	X	X
Semester	Australia	Sydney	University of New South Wales	X	
Semester	Australia	Sydney	University of Sydney	X	X
Semester	Australia	Sydney	University of Technology, Sydney	X	X
Semester	Australia	Townsville	James Cook University	X	X
Semester	Australia	Wollongong	University of Wollongong	X	
Semester	Japan	Tokyo	J.F. Oberlin University		
Semester	New Zealand	Auckland	AUT University	X	
Semester	New Zealand	Auckland	University of Auckland		
Semester	New Zealand	Christchurch	Lincoln University		
Semester	New Zealand	Christchurch	University of Canterbury		X
Semester	New Zealand	Dunedin	University of Otago	X	
Semester	New Zealand	Hamilton	University of Waikato		
Semester	New Zealand	Palmerston North	Massey University - Palmerston North		
Semester	South Korea	Busan	Pusan National University		
Semester	South Korea	Seoul	Hanyang University		
Semester	South Korea	Seoul	Korea University		
Semester	Thailand	Bangkok	Mahidol University		
Summer	Australia	Multiple Locations	Contemporary Issues in Public Health Summer Program		
Summer	Australia	Multiple Locations	Sports and Exercise Psychology Summer Program		
Summer	Australia	Sydney	University of New South Wales Summer Program	X	
Summer	Australia	Sydney	University of Sydney Summer Program		
Summer	China	Shanghai	Summer in Shanghai		
Summer	South Korea	Seoul	Hanyang Summer School		
Summer	Thailand	Multiple Locations	Summer in Thailand		
Winter	South Korea	Seoul	Winter Term in Korea		

Disability Studies	Human Development and Family Studies	Health Administration	Health Science	Holistic Health	Kinesiology/ Exercise Science	Medical Technology	Nursing	Nutrition and Dietetics	Occupational Therapy	Pharmacy	Physical Therapy/ Physiotherapy	Public Health	Rehabilitation Services	Sport and Leisure Studies	Veritas Christian Study Abroad
							X		X						
			X		X		X	X		X		X			
			X		X		X	X	X	X	X	X		X	
			X		X		X							X	
					X		X	X	X	X		X			
X			X	X	X	X	X	X	X		X	X	X	X	
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X				X	X		X			X		X		X	
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