

# Health & Exercise Science

- Anatomy
- Communication Science and Disorders
- Health Science
- Kinesiology/Exercise Science
- Nursing
- Nutrition and Dietetics
- Occupational Therapy
- Pharmacy
- Physical Therapy/Physiotherapy
- Public Health
- Sport and Leisure Studies

## Looking to learn more about the cultural contexts of health and health care?

Courses that expose you to a different health care system can lead to a greater understanding of how people's cultural and social backgrounds impact their perspectives on health and well-being.

Whether you are looking for summer programs specifically designed around health and exercise science coursework and experiences, or you are seeking courses through our host university partners that introduce health issues from a different cultural perspective, TEAN has a suite of programs designed to meet your academic goals.

Are you looking for specific courses? Visit [teanabroad.org/course-finder](https://teanabroad.org/course-finder) and we can help you find the program that meets your academic goals and course needs.

### Get hands-on experience abroad

An international internship through TEAN can help you stand out in the increasingly competitive job market. Available for a variety of majors, we offer full-time internships (in-person or online!) or add a part-time internship alongside your courses.

Discover internship opportunities available by visiting [teanabroad.org/internships](https://teanabroad.org/internships).

#### COURSES IN ENGLISH UNLESS OTHERWISE NOTED

The following list and chart represents only a sampling of available TEAN programs. To get more information on the programs shown, as well as information on all other program options, go to [teanabroad.org/program-finder](https://teanabroad.org/program-finder).

## Health & Exercise Science

### Featured Programs

#### AUSTRALIA

##### Brisbane

University of Queensland (UQ)

- UQ is ranked #2 in Australia for Public Health (Global Ranking of Academic Subjects 2022)
- UQ is ranked #32 in the world for Life Sciences and Medicine (QS World University Rankings 2023)

- Semester program
- Courses with local degree-seeking students
- **Sample Courses:** Community & Public Health Nutrition • Exercise Physiology • Occupational Performance across the Lifespan

##### Newcastle

University of Newcastle

- Courses available in Exercise and Sport Science, Health Sciences and Promotion, Midwifery, Nursing, Nutrition and Dietetics, Occupational Therapy, Physiotherapy, and Public Health
- Newcastle is a smaller city located just two hours from Sydney, with a lower cost of living than other major urban areas and offers great access to the outdoors

- Semester program
- Courses with local degree-seeking students
- **Sample Courses:** Studies in Population Health and Health Promotion • Nutrition for Health, Fitness and Sport • Neural and Visceral Anatomy

## Perth

### University of Western Australia

- Group of 8 university, notating one of the top institutions in Australia with a major focus on research
- Optional add-on internship for credit (140 contact hours)
  - Most students will be required to submit a portfolio of work related to their field
  - Students with an exercise science and sports medicine focus will complete an internship with a local Australian rules football team
  - For all other health studies related majors, internships focus on supporting organizations delivering various public health programs

- Semester program
- Courses with local degree-seeking students
- **Sample Courses:** Lifespan Motor Development • Exercise Rehabilitation • Plagues, Pox, and Pandemics: the History of Death and Disease

## Sydney

### University of Sydney

- Located in the largest and oldest city in Australia with direct beach access
- Gain hands-on experience with an optional internship throughout the semester

- Semester or summer program
- Courses with local degree-seeking students
- **Sample Courses:** Cranial and Cervical Anatomy • Movement Analysis • Fundamentals of Rehabilitation

## Wollongong

### University of Wollongong

- Courses available in Exercise Science, Medical and Health Sciences, Nutrition and Dietetics, Public Health, Rehabilitation, and Sport
- Wollongong is an outdoorsy city that's just 1.5 hours from Sydney and known for its laid-back lifestyle

- Semester program
- Courses with local degree-seeking students
- **Sample Courses:** Human Structure and Function • Exercise Physiology • Nutritional Epidemiology

## NEW ZEALAND

### **Auckland**

#### University of Auckland

- Traditional campus in the largest city in New Zealand, the University of Auckland is a great option for those who want both a familiar campus setting and a bustling urban environment
- Hands-on clinical exercise physiology program available for students looking for practical learning opportunities

- Semester program
- Courses with local degree-seeking students
- **Sample Courses:** Environmental Threats to Human Health • Pharmaceutical Science and Practice • Health Care Ethics

### **Dunedin**

#### University of Otago

- The School of Biomedical Sciences offers courses in anatomy, biochemistry, immunology, pharmacology, and physiology
- Public and community health courses (with a focus on Pacific and Maori health) are also available
- The University of Otago was the first university in New Zealand and is home to the nation's oldest medical school

- Semester program
- Courses with local degree-seeking students
- Veritas Christian Study Abroad available
- **Sample Courses:** Disability Studies: An Introduction • Anthropology of Health • Human Toxicology

### **Palmerston North**

#### Massey University, Palmerston North

- The Massey Global Student Athlete programs allows student athletes to incorporate training into their semester abroad to stay on track for when they return home
- Located in Palmerston North, known as the "Student City" because half of the population is below the age of 25
- The park-like campus is located just over one mile from the city center and is easily accessible by bike or city bus services, which are free to Massey students

- Semester program
- Courses with local degree-seeking students
- **Sample Courses:** Exercise Prescription • Health Communication • Human Development



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